

KIT LIST FOR SKI TRIPS

General

- ✓ Pillow for the journey
- ✓ Wash bag and towels
- ✓ Night Clothes
- ✓ Several changes of underwear & socks
- ✓ Plastic water bottle
- ✓ Toiletries

Free time

- ✓ Casual wear for travel and evenings, including a warm fleece
- ✓ Swimming costume
- ✓ Several T-shirts - long and short sleeved
- ✓ A pair of trainers
- ✓ Warm jacket/waterproof jacket
- ✓ Apres ski boots/walking boots/heavy shoes
- ✓ Labelled strong plastic bags (bin liners) for dirty clothes

Ski Clothing

- ✓ 2 Pairs of thick socks/ski socks
- ✓ 1 pair of ski gloves
- ✓ Good quality sun glasses and goggles
- ✓ A thick jumper/fleece plus base layers/long sleeved-shirts or polo necks.
- ✓ Scarf and warm hat
- ✓ High factor suntan lotion/block and lip balm – please help to ensure that pupils do not overexpose themselves to the potential hazard of sunburn.

Please note – temperatures on the snow can vary enormously in late season with bright sunshine and warm temperatures one minute then cold and cloudy the next. Therefore we recommend several layers are worn every day eg. T-shirt, fleece, jackets to be prepared for all types of conditions.